

For Immediate Release

January 26, 2015

Hospitals Lift Visitor Age Restrictions

In light of the decreasing number of influenza cases in the Rock River Region, OSF Saint Anthony Medical Center, Rockford Health System and SwedishAmerican Health System are have lifted the visitor age restrictions at their facilities in cooperation with the Winnebago County Health Department.

The restrictions on visitors age 18 and under were put in place back in late-November to limit the spread of influenza.

The health department and the hospital systems remind everyone that if you haven't had your flu shot, it's not too late to get vaccinated, and to practice proper hygiene by covering coughs, cleaning hands often, and staying home when sick.

Symptoms of flu include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting as well. Make decisions about when to seek medical care as you would under normal circumstances. It is not necessary to seek medical attention if you have mild symptoms for which you would not ordinarily seek medical care.

Additional Information

Influenza information – health facts sheets, handouts and resources tools

Centers of Disease Control ([CDC](http://www.cdc.gov))

Health and Human Services ([Flu.gov](http://www.flu.gov))

Winnebago County Health Department ([WCHD](http://www.wchd.org))

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