Public Health Services in Our Community

- Prevent epidemics and the spread of disease
- Protect against environmental hazards
- Prevent injuries
- Promote and encourage healthy behaviors
- Respond to disasters and assist communities in recovery
- Assure the quality and accessibility of health services
Dear Community Residents:

This is an unprecedented period of change and potential opportunity for improving overall community health levels by way of major transformation in health system incentives and delivery system modifications. This is driven not just by the passage and implementation of the Affordable Care Act (ACA) but also by the need to create more integrated approaches to prevention, primary care and overall health improvement.

Public health plays a necessary role in preventing, detecting and controlling infectious disease problems, and improving outcomes in at-risk pregnant and parenting moms. While progress has been made, these problems remain far too prevalent and continue to influence the quality and length of life. Further, the predominance of the ongoing epidemic of chronic diseases underlies 70% of premature mortality and almost three-quarters of overall healthcare costs. Progress requires greater attention to policies, programs and systems by which both clinical and community based interventions can be more seamlessly integrated.

Over the course of 2013, WCHD continued to pursue recognition and support of the need to grow a community-wide “Culture of Health”. This is being done through a combination of approaches focused on evidence based practices, adapting funding to the highest priorities, focus on continuous quality improvement of services and partnerships, and ongoing workforce development.

The following highlights for 2013 offer an overview of how this approach continues to serve local community health needs.

- Comprehensive update of the community’s homicide / suicide data and contributing factors covering a timeframe from 1968-2010. This epidemiological perspective demonstrates that the most recent five year period represents one of the lowest homicide rates in the past 40 years along with other informative findings for intervention planning.

- Developed a new Strategic Plan for WCHD (updating 2007 Plan) defining for the near future where the Department is headed, what it plans to achieve, and strategies and measures by which progress will be evaluated. The plan covers 2014 to 2019.

- To better understand changing customer needs the Department completed a comprehensive customer satisfaction survey, which is carried out every two to three years. Findings reflect high levels of client and community support for both the quality and service mix offered by WCHD while identifying opportunities for improvement.

- The Department’s Health Equity initiative and its Black Male Health Community Action Team was recognized by a special reception hosted by IDPH. The Team received the 2013 IDPH Director’s Award for unprecedented commitment statewide to serving not only the whole community but providing special emphasis to those carrying the most disproportionate disease burden in the community, which are African Americans, particularly men.

Continued on next page......
With the 2014 implementation of the Affordable Care Act, WCHD worked with ten community partner organizations to successfully apply for an In-Person Counselor Grant. WCHD was one of 44 agencies statewide funded, receiving one of the largest awards. The funding supports outreach, community education and one-on-one enrollment assistance for new healthcare coverage options. Over 40,000 Winnebago County residents are uninsured and expected to need some assistance in the enrollment process.

Through a well-functioning community reporting system, the Department became aware of and immediately took action to halt an ongoing cluster of *Pseudomonas aeruginosa* (bacteria), infections associated with ear piercings. Special recognition for prompt action and follow up goes to astute reporting community health care providers, WCHD communicable disease and environmental health public facilities section staff, and IDPH partners for their laboratory support. Some of these infections were serious, needing hospitalization and surgical intervention, but through WCHD actions no further infections have developed.

In 2008, WCHD pioneered an assessment of then draft National Accreditation Standards for local health departments receiving an exceptional score. Now that National Accreditation Standards are fully in place under the auspices of the Public Health Accreditation Board (PHAB), WCHD initiated preliminary work to formally commence the National Accreditation process.

In 2012, WCHD’s Board of Health adopted a new Quality Improvement Plan. The Plan strives to move the performance measuring process beyond program indicator monitoring to regularly assess results of related sets of services and delivery systems to achieve desirable process and health outcome improvements. The foundation for this is WCHD Balanced Scorecard for 2012-2013. The table following this letter summarizes progress in addressing identified goals. It establishes that seven out of the fifteen measures were either met or partially met. Some of the more interesting findings relate to birth outcome findings on our own WIC and Family Case Management caseload, which serves approximately one half of the pregnant moms and newborns in the community each year, actually doing better than the birth outcomes community wide. These findings indicate the strong value for these vital services particularly with WCHD’s focus on improving birth outcomes across the entire community.

This is the last annual report that I will have the privilege of being connected with, but please know how much I have always valued the support of the community for the important services provided by WCHD and for the exceptional public health workforce and strong partnerships that have been developed to better serve the preventive health needs of Winnebago County.

Respectfully,

J. Maichle Bacon
Public Health Administrator
<table>
<thead>
<tr>
<th>GOAL</th>
<th>CURRENT STATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduce Preterm Births</td>
<td>- ☑ Not met, 11.6% (2012) of births were preterm, community-wide outcome</td>
</tr>
<tr>
<td>Community-wide outcome should be ≤ 9.3% of total births (baseline 10.36%, 2009)</td>
<td></td>
</tr>
<tr>
<td>WIC / FCM Caseload outcome should be ≤ 10.1% (baseline 11.2%, 2009)</td>
<td>☑ Met, 9.5% (2013) births were preterm</td>
</tr>
<tr>
<td>Improve Coordination of MCH Services Across Providers</td>
<td>- ☑ Partially met, Community inventory complete, plan under development</td>
</tr>
<tr>
<td>Assess system service gaps and develop plan to address deficiencies</td>
<td></td>
</tr>
<tr>
<td>Pregnant women in adequate prenatal care</td>
<td>- ☑ Not met, 65.6% (2009) had adequate prenatal care</td>
</tr>
<tr>
<td>Community outcome ≤ 72.8% should have adequate prenatal care (baseline 66.2%, 2006)</td>
<td></td>
</tr>
<tr>
<td>WIC / FCM Clients: Outcome ≤ 77.9% should have adequate prenatal care (baseline ≥ 72.08%, 2009)</td>
<td>☑ Met, 78.8% (2013) had adequate prenatal care</td>
</tr>
<tr>
<td>Reduce Vaccine Preventable Diseases</td>
<td>- ☑ Not met, 65.7% of 12 months olds, met 3:2:2 vaccination schedule (Quarter 2, 2014)</td>
</tr>
<tr>
<td>WCHD WIC/FCM Clients should be ≥ 80% should meet 3:2:2 vaccination schedule by 12 months of age (baseline 71.3%, 2012)</td>
<td></td>
</tr>
<tr>
<td>Reduce the impact of STI’s in Pregnant Women</td>
<td>- ☑ Met, 84% counseled in 2013</td>
</tr>
<tr>
<td>WCHD STI clients receiving counseling/education ≥ 80% (baseline: ≥ 75%, 2011)</td>
<td></td>
</tr>
<tr>
<td>WCHD STI clients participating in partner services, education/treatment 25% (baseline: 25%, 2011)</td>
<td>☑ Met, 32% (2013) of partners participated in treatment</td>
</tr>
<tr>
<td>Reduce smoking rates of adults in Winnebago County</td>
<td>- ☑ Not met, 25% Adult smoking, margin of error 21% to 29%, 2012 County Health Rankings</td>
</tr>
<tr>
<td>Community ≥ 21.6%, 2012 (baseline 23.75% 2009-2012)</td>
<td></td>
</tr>
<tr>
<td>Increase percentage of pregnant women who quit smoking during pregnancy</td>
<td>- ☑ Not met, 51.1% of pregnant women quit smoking, in Quarter 2, 2014</td>
</tr>
<tr>
<td>WCHD WIC / FCM Clients ≥ 75% (baseline 57.4%, 2013)</td>
<td></td>
</tr>
<tr>
<td>Reduce the percentage of pregnant women (WIC/FCM) who smoke to:</td>
<td>- ☑ Not met, 29% of pregnant women (WIC/FCM) smoke, in Quarter 2, 2014</td>
</tr>
<tr>
<td>≤ 27.9% (baseline: Quarter 1, 2012, 31%)</td>
<td></td>
</tr>
<tr>
<td>Reduce unhealthy home environments of WCHD clients</td>
<td>- ☑ Not met, 69% of homes had one or more reading above standards</td>
</tr>
<tr>
<td>WCHD client homes screened for CO2 (Carbon Dioxide): 85% above IDPH guidelines (baseline 77%, 2014)</td>
<td></td>
</tr>
<tr>
<td>WCHD client homes screened for CO (Carbon Monoxide) 96% should be below IDPH guidelines (baseline 100%, 2014)</td>
<td>- ☑ Met, 100% of homes</td>
</tr>
<tr>
<td>Refine performance management system to increase staff / agency performance and organizational capacity</td>
<td>- ☑ Met, Completed a 2014-2019 WCHD Strategic Plan with priorities goals and measurable objectives. All staff completed public health competency assessment.</td>
</tr>
<tr>
<td>WCHD staff (baseline 100%)</td>
<td></td>
</tr>
<tr>
<td>- Completed development of Strategic Plan (with measurable goals and objectives). - See staff should complete public health competency assessment</td>
<td></td>
</tr>
<tr>
<td>Refine financial management system to assure best practices</td>
<td>- ☑ Not met, As of December 31, 2013 WCHD had 3 months cash on hand.</td>
</tr>
<tr>
<td>WCHD: 6 months of cash on hand, 2013 (baseline: 4 months of cash on hand)</td>
<td></td>
</tr>
</tbody>
</table>
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The 20th Century’s 10 Great Public Health Achievements in the United States*

Top 10 Achievements in Public Health

1. Vaccination
2. Motor-vehicle safety
3. Safer workplaces
4. Control of infectious diseases
5. Decline in deaths from coronary heart disease and stroke
6. Safer and healthier foods
7. Healthier mothers and babies
8. Family planning
9. Fluoridation of drinking water
10. Recognition of tobacco use as a health hazard

*CDC and MMWR
“Our children’s health is the future wealth of our society and represents the one place where perhaps there is already some alignment between resources and the health benefit that can accrue from improved maternal, infant and early childhood programming.”

J. Maichle Bacon,
Winnebago County Health Department Administrator
2012

WCHD Board of Health

Steven Lidvall, MD, MPH, President
James A. Powers, MSW, Vice President
Ronald E. Gottschalk, Secretary
John E. Halversen, DDS
David R. Helland, DVM
Luci Hoover
Patricia Lewis, PhD
Daniel Saavedra
Ann Thompson-Kelly
Allen Williams, MD
Angie Goral
Inara McGroarty

WCHD Leadership Team

J. Maichle Bacon, MPH, CPHA, RS
Public Health Administrator

Steve Guedet, MAPA
Center for Management and Support Services

Larry Swacina, MPH, LEPH, CIH
Center for Environmental Health Improvement

Dee Dunnett, MSHA, BS
Center for Health Protection and Promotion

Lisa Gonzalez, MPH, BS
Center for Family Health Services

The Winnebago County Health Department protects and improves community well-being by preventing disease, illness, and injury and impacting social, economic and environmental factors fundamental to excellent health.
Mission Statement

*Prevent disease, promote health and enlist the community in efforts to improve the health of all Winnebago County residents.*

Vision Statement

*Healthy people in a healthy community without health disparities.*

Values

*Responsiveness, inclusiveness, interdependence, excellence, expertise, collaborative, social justice.*
# Financial Figures

**STATEMENT OF REVENUES & EXPENDITURES**  
**FOR THE PERIOD: OCTOBER 1, 2012 THROUGH SEPTEMBER 30, 2013**

## REVENUES:

<table>
<thead>
<tr>
<th>Description</th>
<th>Actual</th>
<th>% of Total</th>
<th>Budget—Final</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Taxes</strong></td>
<td>$2,890,900</td>
<td>22.8%</td>
<td>$2,883,000</td>
<td>22.3%</td>
</tr>
<tr>
<td>Medicaid / Medicare</td>
<td>$494,128</td>
<td>3.9%</td>
<td>$585,548</td>
<td>4.5%</td>
</tr>
<tr>
<td><strong>Fees</strong></td>
<td>$1,815,620</td>
<td>14.4%</td>
<td>$1,529,084</td>
<td>11.9%</td>
</tr>
<tr>
<td><strong>Federal, State &amp; Local Grants</strong></td>
<td>$7,457,506</td>
<td>58.9%</td>
<td>$7,874,516</td>
<td>61.3%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$12,658,154</td>
<td>100.0%</td>
<td>$12,872,148</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## EXPENDITURES:

<table>
<thead>
<tr>
<th>Description</th>
<th>Actual</th>
<th>% of Total</th>
<th>Budget—Final</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Environmental Health Improvement</td>
<td>$2,325,060</td>
<td>18.7%</td>
<td>$2,567,597</td>
<td>19.5%</td>
</tr>
<tr>
<td>Center for Family Health Services</td>
<td>$3,620,030</td>
<td>28.9%</td>
<td>$4,006,580</td>
<td>30.4%</td>
</tr>
<tr>
<td>Center for Health Protection &amp; Promotion</td>
<td>$4,334,602</td>
<td>34.7%</td>
<td>$4,310,424</td>
<td>32.7%</td>
</tr>
<tr>
<td>Center for Management &amp; Support Services</td>
<td>$2,203,855</td>
<td>17.7%</td>
<td>$2,290,551</td>
<td>17.4%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$12,483,547</td>
<td>100.0%</td>
<td>$13,175,152</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

**Note: Unaudited**

By: Michelle R. Jahr, CPA  
Finance Director  
Date: 06/06/2014
Winnebago County Health Department Facilities

401 Division Street
Rockford, IL 61104

555 North Court Street
Rockford, IL 61103

Contact Information
Winnebago County Health Department
401 Division Street
P.O. Box 4009
Rockford, Illinois 61110-0509
815-720-4000
Winnebago County Health Statistics
Winnebago County Population by Age, Race and Ethnicity
2012 Population = 292,069

Note: All race/ethnic groups are non-Hispanic except Hispanic.

Source: U.S. Census Bureau, 2012 American Community Survey 1-Year Estimates
Winnebago County Gender Ratio
2012 Census

WINNEBAGO COUNTY
GENDER RATIO BY AGE: 2012

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Males per 100 Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>95.4</td>
</tr>
<tr>
<td>&lt;15</td>
<td>103.3</td>
</tr>
<tr>
<td>15-24</td>
<td>101.0</td>
</tr>
<tr>
<td>25-44</td>
<td>95.8</td>
</tr>
<tr>
<td>45-64</td>
<td>95.4</td>
</tr>
<tr>
<td>65-74</td>
<td>92.0</td>
</tr>
<tr>
<td>75-84</td>
<td>81.8</td>
</tr>
<tr>
<td>85+</td>
<td>78.8</td>
</tr>
</tbody>
</table>

Median age (in years)
Male 37.1
Female 40.1

Source: U.S. Census Bureau, 2012 American Community Survey 1-Year Estimates
Winnebago County Poverty for Selected Groups 2012

WINNEBAGO COUNTY
POVERTY FOR SELECTED GROUPS:  2012

Percent in Poverty

All Persons 17.8%
Children < 18 27.5%
Seniors 65+ 7.5%
Families 13.3%
Single Female Parent w. Child < 18 45.5%
Single Female Parent w. Child < 5 62.7%

Source: U.S. Census Bureau, 2010-2012 American Community Survey 3-Year Estimates
### Winnebago County - 2012

<table>
<thead>
<tr>
<th>Race / Ethnicity</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Hispanic White</td>
<td>78.0%</td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic Black</td>
<td>18.8%</td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic Other</td>
<td>3.1%</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low Birth Weight</td>
<td>291</td>
<td>8.6%</td>
</tr>
<tr>
<td>Multiple Births</td>
<td>318</td>
<td>3.6%</td>
</tr>
<tr>
<td>Teen Births</td>
<td>318</td>
<td>8.9%</td>
</tr>
<tr>
<td>Single Parent</td>
<td>1,842</td>
<td>51.3%</td>
</tr>
<tr>
<td><strong>Total Births</strong></td>
<td>3,590</td>
<td></td>
</tr>
</tbody>
</table>

### Winnebago County - 2011

<table>
<thead>
<tr>
<th>Race / Ethnicity</th>
<th>Number</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Hispanic-White</td>
<td>80.8%</td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic Black</td>
<td>16.1%</td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic Other</td>
<td>3.1%</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low Birth Weight</td>
<td>301</td>
<td>8.2%</td>
</tr>
<tr>
<td>Multiple Births</td>
<td>395</td>
<td>10.8%</td>
</tr>
<tr>
<td>Teen Births</td>
<td>395</td>
<td>10.8%</td>
</tr>
<tr>
<td>Single Parent</td>
<td>1,789</td>
<td>48.8%</td>
</tr>
</tbody>
</table>
# Winnebago County
## Teen Births & Infant Mortality

### Teen Births

<table>
<thead>
<tr>
<th>Year</th>
<th>Births</th>
<th>Teen Births</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>4,178</td>
<td>531</td>
<td>12.7%</td>
</tr>
<tr>
<td>2009</td>
<td>3,962</td>
<td>538</td>
<td>13.6%</td>
</tr>
<tr>
<td>2010</td>
<td>3,783</td>
<td>422</td>
<td>11.2%</td>
</tr>
<tr>
<td>2011</td>
<td>3,663</td>
<td>395</td>
<td>10.8%</td>
</tr>
<tr>
<td>2012</td>
<td>3,590</td>
<td>318</td>
<td>8.9%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>Births</th>
<th>Teen Births</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>176,795</td>
<td>17,664</td>
<td>10.0%</td>
</tr>
<tr>
<td>2009</td>
<td>171,163</td>
<td>16,383</td>
<td>9.6%</td>
</tr>
<tr>
<td>2010</td>
<td>165,200</td>
<td>14,988</td>
<td>9.1%</td>
</tr>
<tr>
<td>2011</td>
<td>161,312</td>
<td>13,162</td>
<td>8.2%</td>
</tr>
<tr>
<td>2012</td>
<td>159,160</td>
<td>12,249</td>
<td>7.7%</td>
</tr>
</tbody>
</table>

### Infant Mortality

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>Infant Deaths</th>
<th>IM Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>4,232</td>
<td>36</td>
<td>8.5</td>
</tr>
<tr>
<td>2008</td>
<td>4,178</td>
<td>28</td>
<td>6.7</td>
</tr>
<tr>
<td>2009</td>
<td>3,962</td>
<td>29</td>
<td>7.3</td>
</tr>
<tr>
<td>2010</td>
<td>3,783</td>
<td>30</td>
<td>7.9</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>Infant Deaths</th>
<th>IM Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>180,836</td>
<td>1,229</td>
<td>6.8</td>
</tr>
<tr>
<td>2008</td>
<td>176,797</td>
<td>1,273</td>
<td>7.2</td>
</tr>
<tr>
<td>2009</td>
<td>171,163</td>
<td>1,185</td>
<td>6.9</td>
</tr>
<tr>
<td>2010</td>
<td>165,200</td>
<td>1,130</td>
<td>6.8</td>
</tr>
</tbody>
</table>

Rate is per 1,000 live births
Source for state data: National Center for Health Statistics
Winnebago County Leading Causes of Death
In 2010

<table>
<thead>
<tr>
<th>Cause</th>
<th>No. of Deaths</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart Disease</td>
<td>649</td>
<td>24.7%</td>
</tr>
<tr>
<td>Cancer</td>
<td>593</td>
<td>22.6%</td>
</tr>
<tr>
<td>Stroke</td>
<td>151</td>
<td>5.8%</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Diseases</td>
<td>162</td>
<td>6.2%</td>
</tr>
<tr>
<td>Influenza and Pneumonia</td>
<td>42</td>
<td>1.6%</td>
</tr>
<tr>
<td>Accidents</td>
<td>133</td>
<td>5.1%</td>
</tr>
<tr>
<td>Alzheimer’s Disease</td>
<td>72</td>
<td>2.7%</td>
</tr>
<tr>
<td>Atherosclerosis</td>
<td>43</td>
<td>1.6%</td>
</tr>
<tr>
<td>Nephritis, nephrotic syndrome, and nephrosis</td>
<td>66</td>
<td>2.5%</td>
</tr>
<tr>
<td>Septicemia</td>
<td>30</td>
<td>1.1%</td>
</tr>
<tr>
<td>Parkinson’s</td>
<td>25</td>
<td>1.0%</td>
</tr>
<tr>
<td>Chronic Liver Disease and Cirrhosis</td>
<td>31</td>
<td>1.2%</td>
</tr>
<tr>
<td>Homicide</td>
<td>19</td>
<td>0.7%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>55</td>
<td>2.1%</td>
</tr>
<tr>
<td>Congenital Malformations</td>
<td>22</td>
<td>0.8%</td>
</tr>
<tr>
<td>Perinatal Complications</td>
<td>15</td>
<td>0.6%</td>
</tr>
<tr>
<td>Suicide</td>
<td>33</td>
<td>1.3%</td>
</tr>
<tr>
<td>All Other Causes</td>
<td>548</td>
<td>20.9%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>2,689</strong></td>
<td><strong>100.0%</strong></td>
</tr>
</tbody>
</table>

Source: National Center for Health Statistics, CDC Wonder

Source: National Center for Health Statistics, CDC WONDER
Winnebago County Age-Adjusted Death Rates for Selected Causes by Gender 2008-2010

WINNEBAGO COUNTY
AGE-ADJUSTED DEATH RATES FOR SELECTED CAUSES
BY GENDER: 2008-2010

Heart Disease
Cancer
Stroke
Chronic Lower Respiratory
Accidents
Alzheimer’s
Diabetes
Suicide

Source: National Center for Health Statistics, CDC WONDER
Winnebago County Age-Adjusted Death Rates for Selected Causes by Race: 2006-2010

WINNEBAGO COUNTY
AGE-ADJUSTED DEATH RATES FOR SELECTED CAUSES
BY RACE: 2006-2010

Heart Disease: 185.9 (Black), 205.9 (White)
Cancer: 188.3 (Black), 209.1 (White)
Stroke: 44.0 (Black), 59.0 (White)
Chronic Lower Respiratory: 26.1 (Black), 46.3 (White)
Accidents: 43.2 (Black), 57.2 (White)
Diabetes: 14.5 (Black), 31.9 (White)
Homicide: 3.3 (Black), 28.5 (White)

Source: National Center for Health Statistics, CDC WONDER
Winnebago County Health Department
2013 Annual Report Numbers and Service Locations

- Center for Family Health Services
- Center for Health Protection and Promotion
  - Selected Reportable Diseases
- Center for Environmental Health Improvement
- Center for Management and Support Services
- Winnebago County Health Department Map
- Contact Us
Center for Family Health Services

Promotes childhood, adolescent and limited adult immunizations, well-child assessments and screening, comprehensive medical and mental health services for children. Provides women’s health services including family planning services, diagnosis and treatment of sexually contracted infections and cancer screening.

Blackhawk Park School-Linked Health Center
Comprehensive medical services available to all students enrolled in Winnebago County and their siblings, 18 years of age and younger. Additionally, mental health counseling services (partnership with Rosecrance Berry) offered to students enrolled in the following schools: Beyer, Dennis, Haskell, Kishwaukee, Nelson, Lathrop, Washington, King, Fairview, and Head Start. Blackhawk Housing resident children are also eligible for services.

- Clients Served: 605
- Immunization Service Contacts: 200
- School-Linked Mental Health Visits: 1,690

Genetics
Family health history questionnaires facilitated for families; education on genetic disorders provided for those with positive indicators and at community activities in Winnebago and surrounding counties. Provides assistance in referring clients to genetic counselors. (January - June 2013)
- Clients received genetic screening: 1,562
- 501 (32%) individuals with a positive indicator
- 105 Clients received follow up from Genetic Coordinator

Immunizations/Well-Child Assessments
Vaccine for Children (VFC) - immunizations for children up through 18 years of age. Blood lead screening, TB screening, well-child assessments and developmental screening services available.
- Immunization Service Contacts: 1,692
- Blood lead tests: 56

Healthy Child Care Illinois-Child Care Consultant
Provides education on all health and safety issues to childcare providers, families and children in child care setting. Links families with children in child care setting to appropriate community resources.
- Number of Technical Assists: 67
- Number of Consultations: 30
- Number of Educational Sessions: 41
- Number of Training Sessions: 25
- Number of Providers and Families Reached: 5,390
Better Birth Outcomes (Formerly Targeted Intensive Case Management)
Provides intensive prenatal case management support to pregnant women at high-risk for a low-birth weight infant. No income criteria.

- Number Served: 449 enrolled/received services
- 73 infants born to BBO clients
  - 62 births (85%) weighed more than 5lbs. 8 oz.
- BBO clients average multiple risk factors, including:
  - Medical/health/mental health/social economic problems, which complicate pregnancy,
  - Previous low-birth weight baby,
  - More than 4th pregnancy or 3rd child in 40 months,
  - Multiple fetus pregnancies,
  - Under age 15.

Family Case Management
Supportive services to pregnant women and infants up to the age of one. Services ensure that all families have access to and are receiving necessary community referrals.

- Total Case Load: 6,592
- Number Served: 6,175

High-Risk Infant Nursing
Public Health RNs provide Intensive case management for high-risk infants and children through 2 years of age, with medical problems or at risk for developmental disorders, as identified by Illinois’ High-Risk/APORS program (Abnormal Pregnancy Outcome Reporting System). All referrals receive RN home visits, well baby exams, Pediatric physical assessments, developmental screenings, and assistance in coordination of services and care for baby. No income criteria.

- Average caseload 364 infants and children
- Average 20 new referrals each month

Women, Infants & Children (WIC)
(Supplemental Nutrition Program)
Supplemental food program for pregnant women, infants and children up to five years of age.

- Total Case Load: 7,343
- Clients: 9,610
- Total Visits: 32,462
- Lead tests: 606

Breast Feeding Peer Counselor Program
Supportive service to pregnant and nursing mothers to support, encourage and educate them on breastfeeding to help them succeed in nursing their babies.

- Office Visits: 381
- Group Visits: 656
- Phone Calls: 1,295
- Mailings: 284
- Home Visits: 6
- Baby Basic Classes 8
The Illinois Subsequent Pregnancy Project, or H.U.G.S. (Helping Urge Great Successes). This program provides support & education to teen parents who are pregnant or parenting their first child, and delay subsequent pregnancy.

- 32 Girls
- 49 Peer Education Presentations
- Reached 1,143 youth with pregnancy prevention/health information

Alcohol, Tobacco & Other Drug (ATOD) Prevention
The ATOD Comprehensive Prevention & Drug Free Communities programs increase awareness of the effects of underage ATOD use by implementing Evidence Based and Best Practices strategies and policies in the schools and the community. Strategies used media campaigns, coalition building, activities that promote academics and direct youth prevention education service programs to students.

- Middle School Implementation of All Stars Evidence Based Program: 6 Schools/128 Students
- Back-to-School Youth Rally:
  - Bookbags Distributed: 1,000
  - Total Attendance: 1,500
  - Community Providers: 8
  - Volunteers Utilized: 130
- Teen Summit Participants: 720
- Winnebago County Substance Abuse Prevention Coalition 16 Members

Center for Family Health Services
Promotes childhood, adolescent and limited adult immunizations, well-child assessments and screening, comprehensive medical and mental health services for children. Provides women’s health services including family planning services, diagnosis and treatment of sexually contracted infections and cancer screening.

Teen Primary Pregnancy Prevention
The “THINK” Group provides information on making responsible choices & pregnancy prevention to middle school male/female students in a group setting.

- 370 Female & 333 Male
- 18 females seen at teen clinic
- 8 presentation to 178 community members
- Annual Teen Summit with 671 students in attendance

Health Works
Ensures necessary, quality health care services for foster children in the nine northwest counties of Illinois.

- Monthly average caseload of children 0-5yrs: 375
- Total number of new cases for 2012: 622
Sexually Transmitted Diseases
Confidential diagnosis and treatment of sexually transmitted diseases.
  - Total Visits: 3,813

HIV Counseling and Testing
Anonymous and confidential HIV counseling and testing.
  - Number of HIV Tests: 2,272

TB Care Program
A referral site for skin test positive and active TB cases in Winnebago County.
  - Total Number of People Served: 3,397

Ryan White Programs
Medical case management providing assistance to individuals and families with HIV/AIDS, including medical and dental care, housing, nutrition and transportation.
  - Number of People Served: 476

Refugee Screening Program
Health screening, examination and referrals.
  - Number of People Screened: 250

Communicable Diseases
Investigation and follow-up for reportable communicable diseases.
  - Total Cases: 514
### Selected Reportable Diseases in Winnebago County for 2013

<table>
<thead>
<tr>
<th>Disease</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIDS</td>
<td>16</td>
</tr>
<tr>
<td>AIDS (prevalence as of 12/31/13)</td>
<td>239</td>
</tr>
<tr>
<td>Bacterial Meningitis</td>
<td>0</td>
</tr>
<tr>
<td>Cervicitis</td>
<td>475</td>
</tr>
<tr>
<td>Chlamydia</td>
<td>1,807</td>
</tr>
<tr>
<td>E Coli 0157 H75</td>
<td>3</td>
</tr>
<tr>
<td>Giardia</td>
<td>17</td>
</tr>
<tr>
<td>Gonorrhea</td>
<td>453</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>4</td>
</tr>
<tr>
<td>Hepatitis B (acute)</td>
<td>5</td>
</tr>
<tr>
<td>Hepatitis B (chronic)</td>
<td>27</td>
</tr>
<tr>
<td>Hepatitis C (chronic)</td>
<td>227</td>
</tr>
<tr>
<td>Herpes Simplex 1</td>
<td>37</td>
</tr>
<tr>
<td>Histoplasmosis</td>
<td>2</td>
</tr>
<tr>
<td>HIV</td>
<td>37</td>
</tr>
<tr>
<td>Legionnaires Disease</td>
<td>37</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>30</td>
</tr>
<tr>
<td>Non-gonococcal urethritis</td>
<td>211</td>
</tr>
<tr>
<td>Pertussis</td>
<td>60</td>
</tr>
<tr>
<td>Salmonella</td>
<td>39</td>
</tr>
<tr>
<td>Shigella</td>
<td>2</td>
</tr>
<tr>
<td>Syphilis</td>
<td>5</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>4</td>
</tr>
<tr>
<td>West Nile Virus</td>
<td>1</td>
</tr>
</tbody>
</table>

Note: Each reported case requires follow-up interviews, where necessary case contact follow-up, prophylactic treatment resulting in >3,800 contacts.
Health Promotion
Promotes health and wellness within our community through awareness, education, screenings and adult immunizations.

- Number of Screenings/Immunizations: 10,074

International Travel Consultations
Education and immunizations for those going to foreign countries.
- Number of Immunizations: 2,445

Oral Health
Seeks to reduce the incidence of oral disease through education, preventive dental services in school-based settings and by addressing access to care issues.

School-based preventive dental services include: exams, cleanings, fluoride varnish treatments and the application of dental sealants on income eligible children.

- Number of Grant Exams: 312
- Number of Grant Sealants: 1,190

Women’s Health
Gynecological services for women. Breast and Cervical Cancer screening.

- Women’s Health Clients: 5,738
- Total Pap test Performed: 756
- Abnormal Pap test results: 144
- Breast & Cervical Screening: 1,603

Audio-Visual Screening
Provides vision and hearing screening to all children in preschools, daycare centers and private and parochial schools. Services detect vision/hearing problems that otherwise might go undetected.

- Number of Vision Screenings: 4,632
- Number of Hearing Screenings: 5,517

Black Male Health
This program provides educational information to black males, regarding lifestyle changes in order to reduce health risks. Black males rank last in life expectancy and experience, elevated morbidity and mortality. This program also includes prostate cancer education and screening.

- Number of People Served: 4,829
- Number of Materials Distributed: 2,235
Neighborhood Environmental
Regulation of hotels and motels, pest control and nuisance resolution. Compliance with minimum housing health codes, lead paint inspections and education on home health hazards.
  • Number of Inspections: 7,869

Laboratory
Laboratory testing for Health Department Programs, municipalities and the general public. Major testing includes water and pollen counts.
  • Number of Environmental Tests: 11,076

Pollution Control
Issues and inspects septic systems, tests water wells and monitors air, groundwater and land quality. Periodically evaluates and updates septic codes as needed. Participates with IDPH, IEPA and USEPA on environmental quality and compliance issues.
  • Number of Inspections: 1,725

Public Facilities Sanitation
Plan review, inspection and regulation of food establishments, tanning facilities, body art facilities, temporary events, summer food programs, and public pools. Sanitarians perform routine food establishment inspections as well as investigate complaints about incidents of possible food-borne illnesses.
  • Number of Inspections: 4,524

West Nile Virus (WNV)
West Nile Virus surveillance and community education effort from May - October. Through department staff and community cooperation, the county had 1 human confirmed cases of WNV. 12 Gravid traps were placed throughout Winnebago County. 315 calls were received from the general public with questions regarding WNV. 113 dead birds were collected and 53 tested, with 3 sent to the State lab for analysis and with 9 testing positive. 15,460 mosquitoes were collected and tested, with 13 mosquito pools testing positive.

Social Work/Mental Health
Support services for Health Department clients, including: Rechecks, Neighborhood Environmental, and community referrals.
  • Number of client interactions and referrals: 1,603

Tobacco Control Programs
Programs focus on the risks and issues around tobacco use.
  • 96 volunteers and law enforcement officers provided over 513 inspections of tobacco retailers plus 365 hours of education to 1,985 community members.
  • 407 unduplicated clients received more than 518 hours of cessation services.
  • WCHD staff responded to 94 complaints of SFIL Act violations and intervened with 70 businesses, issuing 5 citations and fines.
  • Winnebago County students surveyed bi-annually demonstrated 50% reductions, on average, in current tobacco use, 2002-12.
Public Health Emergency Preparedness Medical Reserve Corps
Public Health Emergency Preparedness conducts public health emergency planning, provides emergency training for Health Department employees and facilitates community response efforts.

- June, 2013: Winnebago County Health Department participated in the IDPH Region 1 Hospital and Local Health Department Regional Emergency Preparedness Tabletop Exercise.

- WCHD staff attended Incident Command System (ICS) 100 training classes, 95% of the staff completed the course and received certifications from FEMA. ICS courses are a part of the National Incident Management System (NIMS). ICS 100 & 700 and 800 will continue to be offered for new employees.

- WCHD hosted monthly Citizen Corps Council (CCC) meetings. The CCC worked on developing a Volunteer Reception Center (VRC) plan with our community partners and the United Way's 211 Center. The Medical Reserve Corp (MRC) will also be involved with the VRC.

- On October 25, 2013, WCHD, the three Rockford hospitals, University Of Illinois College of Medicine, Winnebago County Health Department and many other partners, held multiple influenza immunization clinics for individuals who otherwise could not afford it. All together, 487 vaccinations were provided. In Winnebago, Boone, and Whiteside Counties. The clinics helped exercise a strategy for using volunteers to staff a large scale immunization effort in the event one was needed. In Winnebago County the following sites participated: Rock River Food Pantry, Morning Star Baptist Church, Shelter Care Ministries, New Zion Baptist Church, St. Elizabeth Center, St. Bridget's Church, Carpenter's Place, and the Rockford Rescue Mission.

Vital Statistics
Birth and Death Certificates and burial permits for Winnebago County residents. Official Vital Records Registrar for Winnebago County.

- Number of Registered Births: 4,362
- Number of Registered Deaths: 2,981
- Number of Birth Certificates Issued: 6,410
- Number of Death Certificates Issued: 24,804
Winnebago County Health Department Map

WCHD
555 North Court Street
Rockford, IL 61103
815-720-4000

WCHD
401 Division Street
Rockford, IL 61104
815-720-4000

Mailing address for all locations
401 Division Street
P.O. Box 4009
Contact Us

This Winnebago County Health Department Services Directory has been developed to help you identify and utilize the various programs offered. Additional information on our services may be obtained by calling 815-720-4000 or any of the following direct telephone lines.

Administration ................................................................. 720-4200
Center For Environmental Health ........................................ 720-4101
Center For Family Services ................................................ 720-4300
Center For Health Promotion ............................................ 720-4050
Center For Management and Support Services ..................... 720-4211
Communications & Marketing ............................................ 720-4213
Disease Control ............................................................... 720-4050
Emergency Preparedness .................................................. 720-4217
Flu Clinics ........................................................................ 720-4264
General Information .......................................................... 720-4000
HIV Testing ....................................................................... 720-4050
Illinois Breast/Cervical Program .......................................... 720-7250
Health Promotion .............................................................. 720-4250
Human Resources .............................................................. 720-4212
Immunizations (Children) .................................................... 720-4150
All Kids Applications ........................................................ 720-4323
Oral Health ....................................................................... 720-4275
Pediatric Services ............................................................. 720-4150
Tobacco Prevention ............................................................ 720-4269
Tuberculosis Clinic .............................................................. 720-4091
Vision & Hearing Screening ................................................. 720-4266
Vital Records ..................................................................... 720-4020
Women’s Health ................................................................. 972-7400
W.I.C. (Women, Infants & Children) ..................................... 720-4369

Hours of Operation: Winnebago County Health Department is open Monday through Friday from 8:00 am - 5:00 pm except on holidays. Some clinics have extended hours. Call individual programs for appointment or schedule. Visit our website at: www.wchd.org.