With the New Year beginning, the annual re-enrollment into the Ryan White Program begins for individuals receiving Care services. Each individual currently receiving Ryan White services thru a case manager at any one of the following: DeKalb County Health Department, Community Health Care, and the Whiteside and Winnebago County Health Departments, must complete “NEW” paperwork for 2010. This paperwork will need to be completed by March 31, 2010, in order to continue receiving services beyond this date.

For an individual to complete their Ryan White re-enrollment paperwork, he or she must meet with his or her case manager.

**Please contact your case manager to schedule an appointment to re-enroll into the Ryan White program today.**

When you meet with your case manager, please bring them a copy of the following documents:

2. 2009 W-2 Wage & Tax Statement or Social Security 1099 Benefit
3. Current Copy of Medicaid, Medicare card or insurance card, if applicable
Positive Support Group Meeting

Date:
February 3, 2010
Time:
10:00 AM to 11:30 AM
Place:
The Life Center in Rockford

For more information call your Case Manager

Holistic Health Clinic Gets Support

The Holistic Health Clinic in Rockford provides the healing power of the following therapies:

- Reiki
- Jin Shin Do
- Chiropractic Care
- Reflexology
- Massage Therapy

The Clinic received monetary donations from the community and the SAUK Valley PFLAG group to purchase massage tables. On December 6, the PFLAG (Parents, Families, and Friends of Lesbians and Gays) Sauk Valley held a World AIDS Awareness service and dinner at St. Luke’s Episcopal Church in Dixon, Illinois. As part of the evening, there was a silent dessert auction to benefit the Holistic Healing Clinic. Members of St. Luke’s and PFLAG baked delicious desserts for auction. A big “Thank You” goes out to the PFLAG group and the many individuals who attended the event on December 6 for their generosity.

If you are interested in participating in the Holistic Health Clinic, please contact your case manager to arrange an appointment. The Clinic runs every other Thursday from 3:30 PM to 7:00 PM.

Circuit Breaker

The Illinois Department on Aging’s Circuit Breaker program provides grants to senior citizens and persons with disabilities to help them reduce the impact of taxes and prescription medications on their lives. When the costs of property taxes and prescription medicines begin to "overload" our seniors and persons with disabilities, this program steps in to help, just as a circuit breaker prevents overloads in an electrical system.

Your Ryan White Case Manager can assist you in applying for this program!
HIV Testing for Partners

Did you know that sex partners of HIV + individuals should be tested at least yearly for HIV?

HOW DO I GET TESTED?

If your partner is HIV positive and you do not know your HIV status, testing for HIV can be arranged through an HIV case manager.

HIV testing is free of charge. You can choose to have a rapid HIV test and results are known in 20 minutes. However, you can also choose to wait 2 weeks to receive your results by opting for a more conventional HIV test method. HIV testing can be anonymous or confidential. However, all information is kept private.

WHAT QUESTIONS WILL I BE ASKED?

You will meet with staff that can answer your questions about HIV, syphilis, STDs, and provide referrals. You will be asked to provide general information about yourself and activities that might put you at risk for HIV and other STDs.

HOW OFTEN SHOULD I TEST?

It is recommended that you get tested for HIV annually. However, a person may need to test more frequently than once per year depending on risk factors (how many partners, condom use, etc.)

FOR MORE INFORMATION

If you have general questions regarding HIV or HIV testing, you may contact your case manager.
Community groups joined together to create organizations from local territories.

Save the Date

Dance • Music • Spoken Word

2 - 4 pm - Community Showcase Featuring:
FREE HIV TESTING
Community Information Booths • Refreshments
Open House Noon - 2:00pm

Ellis Arts Academy
Saturday, February 6, 2010

National Black HIV/AIDS Awareness and Testing Day
Joining our community to destroy the stigma of AIDS.

To End AIDS?
SHOUT-OUT

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