

## Travel Guidance As of September 14, 2021

**Warning:** Delay travel until you are fully vaccinated. Travel increases your chance of getting and spreading COVID-19.

**CDC Order:** Travelers are required to wear masks while on public transportation.

All travelers coming to the United States, including U.S. citizens, are required to have a negative COVID-19 test result or documentation of recovery from COVID-19 before they board a flight to the United States.

### Guiding Principles









- Response to the COVID-19 pandemic is constantly evolving based on the available information and local, national, and international disease activity.
- As Winnebago County and the state of Illinois entered Phase 5 of the *Restore Illinois Plan* on June 11, 2021, consistent use of prevention strategies will help reduce the spread of COVID-19 and protect people who are not fully vaccinated.
- It is anticipated that community residents will travel for business and/or leisure and/or have visitors from outside of Winnebago County throughout the course of the pandemic and will need information to make informed choices on their risk of exposure and potential implications of contracting COVID-19.
- Winnebago County Health Department has developed these guidelines to assist the community in assessing their risk and taking the appropriate actions.
- This guidance does not apply to individuals who reside in a neighboring state and work in Winnebago County.
- Employers in Winnebago County should obtain information from their employees regarding travel plans to provide appropriate guidance on recommendations for quarantine upon return to prevent the exposure and spread of COVID-19 within their settings.
- Employers should modify existent and/or develop Human Resource policies to establish guidelines for best practices during the pandemic and communicate these policies to their employees.
- During travel, you may have been exposed to COVID-19. You may feel well and not have any symptoms, but you can still spread the virus to others. You and your travel companions (including children) may pose a risk to your family, friends, and community after your travel.
- Travel guidelines will be reviewed on a weekly basis and revised accordingly based on the infection rates throughout the country, state, and region.
- Everyone 12 years of age and older is eligible to [get a COVID-19 vaccination](#).
- To maximize protection from the [Delta variant](#) and prevent possibly spreading it to others, wear a mask indoors in public if you are in an [area of substantial or high transmission](#).
- It is recommended that you bring a copy of your COVID-19 vaccination records while traveling.

### Are You Fully Vaccinated?

- People are [considered fully vaccinated](#):
  - 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
  - 2 weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine
- If you don’t meet these requirements, you are **NOT** fully vaccinated. Keep taking all precautions until you are fully vaccinated.

### Domestic Travel Recommendations

This guidance applies to travel within the United States and U.S. territories. State, local, and territorial governments may have travel restrictions in place, including testing requirements, stay-at-home orders, and quarantine requirements upon arrival. For up-to-date information and travel guidance, check the [state or territorial and local](#) health department where you are, along your route, and where you are going.











DOMESTIC TRAVEL Recommendations and Requirements	Unvaccinated Traveler	Fully Vaccinated Traveler
Get tested with a <a href="#">viral test</a> 1-3 days before your trip		
During Travel <ul style="list-style-type: none"> <li>• Wear a mask over your nose and mouth</li> <li>• Avoid crowds and stay at least 6 feet (about 2 arm lengths) from anyone who is not traveling with you</li> <li>• Wash your hands often or use hand sanitizer (with at least 60% alcohol)</li> </ul>		
To reduce the risk of being infected with the Delta variant and possibly spreading it to others, individuals should wear a mask indoors in public if you are in an area of <a href="#">substantial or high transmission</a> .		
Get tested with a viral test 3-5 days after travel and self-quarantine for 7 days or 10 days without test		
Self-monitor for <a href="#">COVID-19 symptoms</a> for 14 days after travel		

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Individuals, who have recovered from a documented COVID-19 infection **within the last 3 months**, should follow all recommendations and requirements for a fully vaccinated traveler noted above.

**International Travel Recommendations**

The COVID-19 situation, including the spread of new or concerning variants differs from country to country, and even fully vaccinated travelers need to pay close attention to the [situation at their destination](#) before traveling.

<b>INTERNATIONAL TRAVEL Recommendations and Requirements</b>	<b>Unvaccinated Traveler</b>	<b>Fully Vaccinated Traveler</b>
Get tested with a <a href="#">viral test</a> 1-3 days before traveling out of the U.S.		
During Travel <ul style="list-style-type: none"> <li>• Wear a mask over your nose and mouth</li> <li>• Avoid crowds and stay at least 6 feet (about 2 arm lengths) from anyone who is not traveling with you</li> <li>• Wash your hands often or use hand sanitizer (with at least 60% alcohol)</li> </ul>		
Mandatory test required before flying to the U.S.		
Get tested with a viral test 3-5 days after travel		
Self-quarantine for 7 days with a negative test or 10 days without test		
Self-monitor for <a href="#">COVID-19 symptoms</a> for 14 days after travel		

Individuals, who have recovered from a documented COVID-19 infection **within the last 3 months**, follow all requirements and recommendations for a fully vaccinated traveler noted above except you do NOT need to get a test 3-5 days after travel unless you are symptomatic.

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### CDC Order

- As of January 26, 2021, the [Centers for Disease Control and Prevention \(CDC\)](#) issued an order requiring all air passengers arriving to the U.S. from a foreign country to get tested
  - No more than 3 days before their flight departs and
  - Present the negative result or documentation of having recovered from COVID-19 to the airline before boarding the flight.
- As of January 29, 2021, the [Centers for Disease Control and Prevention \(CDC\)](#) issued an order requiring the wearing of masks by travelers.
  - Order must be followed by all passengers on public conveyances (e.g., airplanes, ships, ferries, trains, subways, buses, taxis, ride-shares) traveling into, within, or out of the United States
  - People must wear masks that cover both the mouth and nose when awaiting, boarding, traveling on, or disembarking public conveyances.
  - People must also wear masks when entering or on the premises of a transportation hub in the United States.

### References

Centers for Disease Control and Prevention. Use of Cloth Face Coverings to Help Slow the Spread of COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Centers for Disease Control and Prevention. Public health recommendations for vaccinated persons.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

Centers for Disease Control and Prevention. Travel Guidance.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

Centers for Disease Control and Prevention. COVID-19 Travel Recommendations by Destination.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

U.S. Department of State – Bureau of Consular Affairs. COVID-19 Traveler Information.

<https://travel.state.gov/content/travel/en/traveladvisories/ea/covid-19-information.html>